



SYMPHONY NEWS & UPDATES

January—2020

Volume VII

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- Family Dinner Night
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- T-Shirts to arrive in January
- Vancouver Travel June 4-10—updates coming soon

Nov 14 Concert Photos:

Happy New Year 2020!

The Power of Music

In 2015, Professor Susan Hallam MBE was commissioned by the Music Education Council to write a book reviewing and synthesizing research on the impact of actively engaging in making music on the intellectual, social and personal development of children and young people. Key conclusions from her book, *The Power of Music*, are as follows.

Recent review of evidence from neuroscience suggests that actively making music can contribute to the enhancement of a range of non-musical skills and lead to many other beneficial outcomes, including:

- motivation in education
- social cohesion and inclusion
- empathy
- psychological well-being
- personal development and self-belief
- physical development and health
- aural perception leading to language and literacy skills
- enhanced verbal and visual memory skills
- spatial reasoning, enhancing math & measured intelligence
- executive functioning
- self-regulation
- creativity
- academic attainment

Hallam’s research suggests that in order to achieve optimal success, musical engagement must be sustained over a long period of time. Also, activities must include group work that is highly interactive and enjoyable with opportunities for developing new skills and performing. Absolutely crucial is the quality of musical teaching.

We know our youth musicians benefit greatly from all the experiences that EVYS offers. We are grateful for such dedicated conductors and we are excited to see all that our devoted musicians will accomplish in year 2020!

(Hallam, Susan. *The Power of Music*. International Music Education Research Centre (iMerc), 2015.)



Upcoming Schedule

- Rehearsal—Monday 1/20
- Family Dinner Night—Thurs 1/23
Red Robin, 2235 Santan Village Pkwy, Gilbert 85295 at 4–8pm
- Rehearsal—Monday 1/27
- Rehearsal—Monday 2/3
- Rehearsal—Monday 2/10
Board Meeting—Open Board positions: Vice-President, Volunteer Coordinator
- No Rehearsal—Monday 2/17
President’s Day
- Dress Rehearsal—Monday 2/24
- **Annual Play-a-thon—Sat 2/29**
- **Spring Concert—Wed 3/4 at 7pm**

Board Member Spotlight:

Ana Rubino—Librarian

My name is Ana Rubino, a Gilbert resident for more than 15 years and a very proud mother of my only boy, Mauricio. Mauricio’s favorite instrument is the violin. He started playing in fifth grade at school, and he has had many memorable performances at our family’s and friends’ parties, even with Mariachi songs. Last summer, thanks to our friend Claudia, we joined EVYS. We are blessed to be part of EVYS as it is a warm place for youth to keep developing their art, talent, and discipline through music. Thanks to the teachers, volunteers and students for your effort doing your best each week. I look forward to the next concert!



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